



## OPEN GYM WALKING - IN GYM



**COVID-19**  
Coronavirus

### PROTOCOLS AND GUIDELINES

- All walkers must be registered and check in at the service counter
  - Scan Card To Check In
  - Wellness Questions Asked
  - Temperature Taken
- No more than 15 participants may be in the gym at one time
- Walking direction - counter clockwise walking only
- Keep 13' distancing at all times
- Stay on the track
- Bleachers are closed & off limits
- Chairs are for brief rests
- MASKS MUST BE WORN at all times
- No calisthenics, walking only
- Hand sanitizer is located at entrance and exit of gym
- Participants are to enter from the lobby
- Participants are to exit through south doors

***All protocols and guidelines are subject to change due to Delaware Public Health or State of Delaware regulations.***